









www.fameli.it / info@fameli.it / +39 0474 496058

INFORMATION

Fameli Spa opening times

Monday - Sunday

02 p.m. - 07 p.m**.**

Bookings

We will be happy to take your reservations for wellness treatments at the hotel reception or at the beauty reception, subject to availability. We will be happy to put together your personalised package.

Cancellations

If you can't keep an appointment for a booked wellness treatment, we ask you to cancel it 24 hours in advance, otherwise we will have to charge you.

Punctuality

Please come to your appointment a 10 minutes earlier, because we would like to offer our guests a punctual wellness treatment. Delays will be deducted from your treatment duration.

Bathrobe

You are requested to appear for all treatments in your bathrobe. A comfortable bathrobe is ready for you in the room.

PHARMOS NATUR

For our treatments we use the exclusive products of Pharmos Natur.

The feeling is incomparable for both your skin and your senses. Cosmetics made with **SACRED PLANTS** have a completely different effect on the skin, an experience unlike anything you have known before. Feel your skin come alive with **Green Luxury** products, feel your cells awaken to new activity and feel the potency, the delicate pulsation and flow.

Experience well-being throughout your whole body.





MASSAGES

CLASSIC MASSAGE

The classic massage is mainly used for the prevention and treatment of muscular tension. It promotes blood circulation to the skin and muscles, activates the metabolism, has a calming and relaxing effect. All-round feel-good guarantee.

25 Min. € 40,00 (partial body massage - legs or back)

50 Min. € 75,00 (total body massage)

HONEY MASSAGE

Pure honey is gently applied to your back and worked into your skin through a light massage. This stimulates blood circulation, waste products are removed and the skin becomes soft. In the end we will apply a honey oil, which smoothens your skin.

(Not recommended when having a lot of back hair)

20 Min. **€** 40,00

AROMATIC OIL MASSAGE

This is a classic, light relaxation massage. Choose between lavender, orange, jasmine, rose or lemon.

50 Min. € 75,00



MASSAGE FOR EXPECTANT MOTHERS (4th - 8th MONTH)

It is ideal for pregnant women. It begins with a soft head, face and neck massage. Then it follows a back and leg massage (while lying).

50 Min. € 75,00

LYMPH STIMULATING MASSAGE

The lymphs get activated, swellings reduced and inflammations eased. It is a light and relaxing massage.

20 Min. **€** 40,00

50 Min. € 75,00

FAMELIS CANDLE MASSAGE

Let go and enjoy! With the gentle scent of the candle, all tensions fall away... Through a classic, light relaxing massage, the wax of the candle is massaged in. Well-being guaranteed.

50 min. € 75,00

INTENSIVE BACK MASSAGE

This treatment releases stubborn tension in the neck and back. The application of heat and deep massage strokes relieves pain and relaxes the muscles.

50 Min. **€** 75,00

FOOT REFLEXOLOGY

Our feet reflect the entire human organism. Accordingly, all parts of the body are connected. By applying the pressure point massage to the individual reflex zones, complaints can be sustainably alleviated. The vitalising massage begins with a fragrant foot bath.

40 Min. **€** 60,00

HERBAL STAMP MASSAGE

The body is indulged with warm, homemade herbal stamps. The pleasant smell of the herbs and the harmonic massage leads to deep relaxation of body, mind and soul.

50 Min. € 75,00

LIGHT HEAD, FACE AND NECK MASSAGE

Enjoy a relaxing massage with warm oils.

20 Min. **€** 40,00

AYURVEDA ABHYANGA

Gentle movements relax body and soul and increase the flow of energy and lymph in the body. Warm oil is applied to the face and hair, then to the whole body and massaged in with gentle strokes. Abhyanga forms a perfect connection between inside and outside.

50 Min. € 75,00

80 Min. € 112,00

SPORT MASSAGE

In sports massage, individual muscles or muscle groups are systematically treated. Adhesions in the muscles and fascia are loosened. Targeted pressure takes you deeper into the muscle tissue, stimulates blood circulation and releases tension. Light tapping and stretching relaxes the muscle.

45 Min. € 75,00 (legs and back)



KIDS AND TEENS

KIDS MASSAGE

The Fameli kids massage helps kids to get a good physical feeling and strengthens the emotional balance. Choose between coco, chocolate, honey or ethereal oils.

20 Min. **€** 40,00

FACIAL TREATMENT JUNIOR (FROM 11 TO 17 YEARS)

For the treatment we use products from Pharmos Natur, which are matched with your skin type.

The treatment begins with warm compresses, which help your body and mind to relax. Your skin will be cleaned with a wash gel or a cleansing emulsion. It follows a peeling, deep cleansing and massage with the fresh Aloe Vera plant. Afterwards we apply a face masque and a moisture cream.

50 Min. € 75,00

MANICURE FOR LITTLE PRINCESS (UNTIL 14 YEARS)

With colorful nail polish 25 Min. € 38,00



TREATMENTS

ANTI-CELLULITE TREATMENT

With cellulite problems, the metabolism is in disarray. Poor blood circulation, improper diet and stress contribute to this. Fat and fluid are deposited in the cells. The anti-cellulite treatment ensures better blood circulation.

The skin is brushed with gloves on the affected areas, thus achieving a peeling effect. This is followed by lymphatic drainage. The mud tightens and purifies. A warm shower and an anti-cellulite product conclude the treatment.

80 Min. € 112,00

DETOX TREATMENT

This treatment is individually tailored to your problem areas. First, a peeling is massaged in, followed by the Detox pack and at the same time a soothing head and face massage is performed. A warm shower and a special product conclude the treatment.

80 min € 112,00

PEELING AND TREATMENTS

PEELING WITH VANILLA AND GRAPEFRUIT (MOISTURIZING)

25 Min. **€** 45,00

PEELING WITH ORANGE (FOR SENSITIVE SKIN)

25 Min. **€** 45,00

FANGO TREATMENT

25 Min. **€** 45,00

ALGAE TREATMENT

25 Min. **€** 45,00

ALGAE TREATMENT WITH HEAD AND FACE MASSAGE 50 Min. € 75,00





AESTETIC TREATMENTS

INTENSIVE FACIAL TREATMENT

For the treatment we use products from Pharmos Natur, which are matched with your skin type.

The treatment begins with warm compresses, which help your body and mind to relax. Your skin will be cleaned with a wash gel or a cleansing emulsion. It follows a peeling, deep cleansing and massage with the fresh Aloe Vera plant. Afterwards we apply a face masque and a moisture cream.

50 Min. € 75,00

STIMULATING DEEP FACIAL TREATMENT

It is a wonderful, natural and effective facial treatment. The active substances of the products of Pharmos Natur go deep in the skin cell.

The treatment begins with warm compresses, which help your body and mind to relax. Your skin will be cleaned with a wash gel or a cleansing emulsion and the peeling. If needed it follows a deep cleansing and a massage with the cupping glass. It follows a massage with the fresh Aloe Vera plant or with a special serum. Afterwards you get a face masque and a moisture cream. The treatment gives your skin freshness and vitality.

80 Min. € 112,00

PERFECT FACE - TREATMENT

For the treatment we use products from Pharmos Natur, which are matched with your skin type.

This facial treatment is individually tailored to your needs.

50 Min. € 75,00

SPECIAL FACIAL TREATMENT FOR MEN

For the treatment we use products from Pharmos Natur, which are matched with your skin type.

The treatment begins with warm compresses, which help your body and mind to relax. Your skin will be cleaned with a cleansing emulsion, peeling and tonic. It follows a face massage. Afterwards we apply a face masque and a serum.

50 Min. € 75,00

SHINY EYES - INTENSIVE LIFTING

For more moisture and elasticity for a fresh and beautiful look.

20 Min. € 40,00



CLASSIC MANICURE

50 Min. without nail polish € 40,00 + nail polish € 45,00

NATURAL MANICURE

This natural manicure improves the condition of the nails durable. The result are shiny, natural nails for at least two weeks. The ingredients (keratin, gravel from the Japanese sea and bee pollen) of the product result in a perfect finish.

50 Min. € 50,00

CLASSIC PEDICURE

50 Min. without nail polish € 50,00 + nail polish € 55,00

DELUXE PEDICURE

A wonderful treatment for your feet. Dead cells, callus, irregularities will be removed accurately and gently. It follows a peeling, which leaves the skin smooth for a long time.

50 Min. without nail polish € 55,00 + nail polish € 60,00



DEPILATION

COMPLETE DEPILATION (COMPLETE LEG, BIKINI AREA, ARMPITS)

50 Min. € 75,00

DEPILATION LEGS / HALF LEG

40 Min. € 48,00 / 25 Min. € 38,00

DEPILATION COMPLETE BIKINI AREA 25 Min. € 30,00

DEPILATION BELLY AND / OR BACK

25 Min. € 30,00 / 50 Min. € 75,00

DEPILATION BIKINI AREA

15 Min. **€** 20,00

DEPILATION ARMS

25 Min. € 30,00

DEPILATION ARMPIT

15 Min. **€** 20,00

DEPILATION UPPER LIP

10 Min. € 15,00

DEPILATION FACE (EYEBROWS, UPPER LIP, CHIN)

25 Min. **€** 30,00

EYEBROW CORRECTION

25 Min. € 30,00 15 Min. € 20,00

EYEBROW AND / OR LASH COLLORING 25 Min. € 20,00 / € 15,00